# Champlain Valley Quilt Guild 

Essex Junction, VT

## Meeting Location

Essex Alliance Church, 37 Old Stage Rd, Essex

## Meeting Agenda: March 6

6:30 Hospitality
7:00 Welcome, important announcements
7:15 Program
8.30 Business

9:00 Meeting end

## Board Meeting: March 13

6:00 pm at Instrumart, 35 Green Mountain Dr South Burlington.

Quilt Show Meeting: Mar 20
5:57 pm at Yankee Pride

## Newsletter Deadline

March 15, Submit to Janet Brunet
newsletter@cvqgvt.org
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## March 6 Program: Technique $\mathcal{N i g h t}$

We have designated March as the month for our guild members to share a favorite technique with the rest of the guild. We have six members who will demonstrate their technique this month. Each demonstration will be repeated four times during the meeting giving you a chance to view your choices.

Kathy Kenney - Want to try hand sewing and prepared Appliqué? I will demonstrate a prepared-edge method, that is, the edges are turned prior to the stitching process.

Pat Hechmer- Straight Line Quilting. Create beautiful quilts with your domestic machine using only straight line quilting. I'll have five quilts to illustrate the versatility of quilting in straight lines.

Sue McGuire - Rulers for Free Motion Quilting. See a demonstration using rulers for straight line work without turning the quilt under the machine, quilting smooth curves with no marking and more. A technique used by longarmers now being adapted for use on home machines.

Audrey Moore - Are you scared of putting zippers into your project? I will demystify sewing zippers into purses and accessory bags. I will have examples of the various steps and general directions.

Jennine Poulin - Would you like to add a new twist to your quilts? Come learn how to make a Flange Binding. It's quick and easy but adds that extra twist without a lot of extra work.

Marty DelNevo - Need a quilt label and you don't want to do it by hand? l'll demonstrate how to use PowerPoint to make the job easier.

Carol Bloomhardt \& Caroline Juneau, Programs Co-chairs

## Upcoming Events

March 15: Early registration deadline to reserve spot.. Normal registration deadline is $4 / 4^{\prime \prime}$ (See page 3 )
March 16: Vermont Quilt Bee Open House, Shelburne (See page 3)
Apr. 4: Checks due for CVQG Spring Retreat

Apr. 7-8: Franklin County Quilt Guild show

Apr. 23: Quilters Connection auction, Waltham, MA

Apr. 27-28: Hannah Dustin Quilt Guild Show, Hudson, NH
May 3-6: CVQG Spring Retreat June 22-24: Vermont Quilt Festival, Essex, VT

Aug. 4-5: Clamshell Quilt Guild Show, New London, CT
Sept. 13-16: CVQG Fall retreat
Oct. 19-21: CVQG Quilt Show

## Help Wanted

- Raffle Quilt Manager
- Guild Treasurer (See page 4)

Join us on Facebook
CVQG - champlain valley quilt guild of vermont

CVQG Community Page (closed group for sharing with our quilting friends) February Meeting Minutes

Champlain Valley Quilt Guild Meeting Minutes February 6, 2018 Location: Alliance Church, Essex, Vermont
Called to Order by President L. Hoffelt at 7:04pm
Lyn introduced the topic of meeting changes due to weather and members needs as a discussion for future planning. Members asked to consider possibility of changing Jan or Jan/Feb meetings for Aug or July/Aug meetings.
S. McGuire reminds us that a sew-in that shares quilting with rulers on a home machine will take place on Sat. Feb 10 at St Jude's Church hall in Hinesburg from 10-2.
C. Juneau introduced tonight's speaker, Laura Poirier. Laura is a local artist and art teacher who explored Visual Cues in Design with the membership. Using an overhead PowerPoint presentation, we learned of the importance of focal points, contrast and contradiction in the planning of our art quilts. A hands-on opportunity to tear paper and produce our own mini works followed.

Round Robin Groups met during the break.

## Meeting announcements:

Sew-in on Thursday Feb 15 at Trinity Church in Shelburne from 12-4.

Community Quilts: R. Bortz reports quilts have been given to a recently completed Habitat project.

Quilt Show: A.Standish reports meetings continue on third Tues of the month at Yankee Pride. Next meeting $2 / 20$ at $5: 57 \mathrm{pm}$. Committee still needs Craft table manager.

Library: P. Farnsworth needs volunteers to take a crate of books home until next meeting.

This year's raffle quilt Blue Rose was shown. It is a beautiful white quilt with mariner's stars and detailed quilting made by the Mountain Arts Quilters. Fabric was donated by Yankee Pride. Tickets for the raffle quilt will be available for sale at the next meeting.

Raffle Winners:
Quilts of Valor basket K. Young
Quilts of Valor kits K. Young, B. Harrison and E. Saxon
Block of the Month Raffle Winners:
Jan. Quilts of Valor blocks B. Conger
Feb blocks S. McGuire
Meeting closed at $8: 40 \mathrm{pm}$. Show and Tell followed.
Barbara Harrison, Secretary

## Budget Discussion:

The July 2018 to June 2019 Budget Discussion will be held at the April 10th Board Meeting. Members wishing to participate in this discussion are encouraged to attend.

The proposed budget will be printed in the May newsletter and presented at the May 8th Guild Meeting for discussion. It will be voted on at the June 12th Guild Meeting for final approval.

Committees Members - Please email Adrian your budget requests by April 3rd.

Adrian Garneau, Treasurer, adrian garneau@yahoo.com


## Community Quilts

As we move closer to spring and start looking forward to warmer weather, Community Quilts would like to plan a workshop. However we will need your help.

First of all, we have fabrics in the storage shed that we would love to see put to good use making Community Quilts. Rather than cut patterns into kits, we wonder if you might like to choose a pattern you enjoy making and choose the fabrics yourself. If there is enough interest, we will set a date and time to have the storage shed open one weekend and have a workshop a week or two afterwards to give time for cutting out your pattern. Baby, lap and twin sizes are always needed.
Anyone not able to attend the workshop, but would still like to be able to choose fabric and work on your project at home, would also be very welcome to attend the open shed opportunity.
Please email me at ritabortz@aol.com and let me know you are interested. Or speak to me at the next meeting.
Thank you again for all your generous contributions to Community Quilts."

Rita Bortz and Tammy Hall, Co-Chairs

## 

Spring camp is approaching and will be Thursday May 3rd through Sunday May 6th.
**** The registration forms are up on the website, get 'em while there hot! **** We hope you consider coming up to North Hero with us. Camp is always a fun time, and who doesn't love a chance to sew as much as you want with no interruptions?

We will be sending around an email to some local guilds to announce camp this spring and try to get some new campers. Please send an email to cvqg.quilt.camp@gmail.com by March 15th if you would like to reserve your space in advance of sending in your registration form. This is just so we can make sure members get first priority. Checks don't need to be sent out until April 4th.

Also please note that the fall camp dates have been moved up by a few weeks. Fall camp will be Thursday September 13th through the Sunday the 16 th. We hope that this gives everyone plenty of time to reschedule if they need to. For info and registration form, go to our website: http://www.cvqgvt.org/abnaki-quiltretreat.html

Hope to see you at Camp! Lyn and Linda

## Members in the Spotlight

## Vermont Quilt Bee Exhibit at Roadhouse Studios

Hope Johnson of Vermont Quilt Bee invites you to an open studio reception and quilt exhibit on Friday, March 16th, 5:00pm to 8:00pm, at Roadhouse Studios, 207 Webster Road, Shelburne

Featuring local music, local food and....locals! Please bring a non-perishable food item for the Shelburne Food Shelf ("Current Needs",shelburnefoodshelf.org).

For information on Hope's upcoming workshops and other information, go to roadhousestudiosvt.com.


Hope Johnson and "Hive in Autumn" quilt Vermont Quilt Festival 2017

## A Big "THANK YOU" from the Patriotic Spirits

Our guild's Quilts of Valor work group, Patriotic Spirits, would like to thank everyone who made blocks, including the January raffle block, "Old Glory", those who pieced whole quilt tops, sewed bindings, and even some who made entire quilts from kits we provided at the December meeting. Your efforts will provide at least seven more quilts to bestow on our veterans and we are very grateful for the generous spirit of our guild members.

## February Sew-in fun!

Celebrating a nearly spring-like day, we gathered in Shelburne at Trinity Episcopal Church to work on our projects (some new and some long-neglected!) and learn from each other.

If you would like to join in, we have penciled in a Saturday gathering on April 14, from 10-2. Contact Pat Hechmer or Sue Rivers and we'll see you then!


## Seeking Treasurer for $\mathcal{V}$ ext Fiscal Year!

Do you have experience in bookkeeping or would like to gain said experience? Do you know how to use Quick Books or would like to learn how? Are you free on the first and second Tuesday evening of the month? If you can answer yes to any or all of these questions, then you may be interested in the soon-to-be-vacant Treasurer position in our Guild!

The position starts July 1, 2018, but our current treasurer will be available throughout the summer and fall to assist with the transition, which will include guidance on changing the signatories on the bank accounts, software and process training, and answering questions along the way.

Duties include: cutting checks and making deposits each month; reconciling monthly bank statements; presenting monthly financial reports to the Board; presenting financial reports in the newsletter a few times a year; working with the Board in April to establish a budget for the next fiscal year (next year's budget will already be established by the current Board); presenting the budget proposed by the Board in the May newsletter and at the May General meeting (not until May 2019); filing annual reports with the VT Secretary of State and the IRS (both simple online processes); filing 1099s in January for a few of our speakers (also a simple process); communicating with the Quilt Show Chair in regards to the show budget so one of you can present that to the Board (even years only, so October 2018s show budget will already be established); and working with the Quilt Show Chair to coordinate cutting checks and making deposits for the quilt show (also even years only, and another point person can be in charge of collecting and distributing cash during the show).

Are you interested, but have questions before you can commit? Are you interested and want to start "interning" in the position now to get a jump start? (Not a requirement!) Email Adrian at adrian_garneau@yahoo.com and she’ll be happy to help!

## 2018 Challenge Quilts

The 2018 Challenge quilts aren't due until October but If you would like to get started early, these are details. The theme of the Challenge is the same as the 2018 Quilt Show; "Coming Full Circle".
Note that any eligible sized quilt may be entered in the show as a Theme quilt, but these are rules for the Guild Challenge.

## Challenge Quilt Rules

1. The challenge is to express in your own way a quilt with the theme "Coming Full Circle".
2. Challenge quilts will be due at our October meeting for Guild to vote on a favorite.
3. Perimeter not to exceed 144 inches.
4. Include a 4 " sleeve on back and $1 / 2$ " dowel 2 " longer than sleeve with your name on dowel.
5. Not required but we would like your submission to be entered into the October Show and be available to be displayed at Senior Centers and libraries until March, 2019.
Some possible interpretations

- Everything comes full circle. That is why it is important to beware of envy, jealousy and greed, because what you project is what you receive and echoes into eternity. (Melanie M Kaulaurn)
- One season ends, another begins. A bird flies toward warmer climate and a new home is left for those winter friends left behind, every beginning is an end, and every end a new beginning. (Meredith Winn)
- A woman is the full circle. Within her is the power to create, nurture, \& transform. (Diane Mariechild)
- Life is a circle of happiness, sadness, hard times, and good times. If you are going through hard times have faith that good times are on the way. (Unknown)
- Sometimes life brings you full circle to a place you have been before just to show you how much you have grown. (Unknown)
Or simply - CIRCLES, because they are fun. (nonphilosophers)

Sue McGuire, mcguires@comcast.net 482-3075

## Raffle Quilt "Blue Rose"

This beautiful quilt will be exhibited at the 2018 Women's Expo in Essex, March 24. Check out the website: http://www.vermontwomensexpo.com/ . Raffle tickets will be available for guild members starting at the April meeting. Buy early and often! We're still looking for a raffle quilt manager for 2018. This person(s) will be responsible for seeing that the quilt gets to Essex and maybe find some other venues where raffle tickets could be sold. The quilt will also be at the Champlain Valley Fair at the end of the summer (August 24-September 2) and lots of volunteers will get to enjoy the fair and try to beat last year's sales! Sign-ups will start at the May guild meeting.


Wind Rose Pattern by Whirligig Designs Fabric donated by Yankee Pride Quilt Shop Made by: Alexandra Nickerson, Anne Standish, Carla White, Helen Irwin, Janet Brunet, Jeannette Harrison, Marjan Schugar, Marty DelNevo, Pamela Farnsworth, Wilma Gatti. Quilted by Wilma Gatti

## News from Anne Standish, Quilt Show Chair

Planning is moving along well, and we continue to welcome new committee members, including new CVQGVT member, Joann Frymire! Trista Dufresne, president of the Vermont Modern Quilt Guild, also joined us, and there is excitement and plans to "join forces" with them to put on this show. The "Coming Full Circle" logo has been designed and voted on. We are looking at the cost of hiring a professional to set up good lighting for the show. So please join us, the energy and fresh ideas are contagious. Next meeting is on Tuesday, March 20 at 5:57pm, at Yankee Pride.

## Programs $\mathcal{L}$ Workshops

April 3 ${ }^{\text {rd }}$ 2018, Carla Klop local Designer and Teacher, "Shortcut Sheets - 7 New Techniques" Through a PowerPoint presentation and completed quilts learn a new and innovative way to make these 7 common quilt units or blocks using only a 24 " quilting ruler

- Half Square Triangles, make 100 at a time
- Quarter Square Triangles, 44 per sheet
- Hourglass, 44 per sheet
- Flying Geese, 40 per sheet
- Triangle in a Square, 24 at the same time
- Hunters Star, no fail, no fuss
- Six Point Star, 10 at once

Workshop April 4 ${ }^{\text {th }}$, "Shortcut Techniques"
A full day to learn as many of the techniques as each person wants. Each technique has a practice pattern to help learn the technique. When the technique
 mastered students may want to select from over 20 patterns that use Shortcut Sheet techniques. Fabric, patterns and some notions will be available.


## Workshop Registration Form <br> April 4, 2017

## Carla Klop "Shortcut Techniques"

You can pick out your kit at the lecture on April 3rd or at the workshop on April 4th. Kit Fee is $\$ 15.00$ paid directly to Carla Klop.
Payment is required at time of sign-up. Make workshop checks payable to CVQG. Sign up at the meeting or, after confirming availability.

Name $\qquad$
Email address $\qquad$
Check \# $\qquad$ Phone $\qquad$
$\$ 45$ for members / \$50 for non - members, Mail check and form for Carla's workshops to
Carol Bloomhardt 1381 Silver St.
Hinesburg, VT 05461
Location: United Church of Colchester, 900 Main Street Colchester, VT 05446
Time: 9:00 am - 3:30pm,
Workshop Cancellation Policy: A refund will be given only if a) the paid student cancels one month or more before the workshop or b) the slot this person has paid for can be filled from the waiting list or c) the workshop is canceled.


RAFFLE BLOCK OF THE MONTH MARCH 2018<br>Instructions are in February newsletter or our website:<br>http://www.cvqgvt.org/monthly-raffle-block.html



## RAFFLE BLOCK OF THE MONTH APRIL 2018

BLOCK - LOG CABIN using two different methods for the sewing "logs"
METHOD 1- using strips for the light and dark \& then cutting to exact length after pressing
METHOD 2- cutting 'individual logs' of light and dark fabrics to exact length before sewing
SIZE - $101 / 2^{\prime \prime}$ finished ( $11^{\prime \prime}$ unfinished)
FABRIC CHOICES - Center - red
Light - white or one that looks like a white
Dark - medium or dark value fabric
CUTTING - WOF = width of fabric selvedge to selvedge
A. Step one for METHODS 1 and 2

1. Red (solid or looks solid) - 12 " square
2. White (solid or looks light) - 1 2"strip WOF
3. Dark (or medium) - 12 " strip WOF (if 43" usable fabric; if not you will need to cut 2" $\times 12$ " additional fabric)

B. Method 2 - cutting individual light and dark logs; cut one of each size listed

Light- 2"x 2"; 2"x $311 / 2^{\prime \prime} ; 2 " x 5^{112} 2^{\prime \prime} ; 2 " x 61 / 2^{\prime \prime} ; 2 " x 8 " ; 2 " x 91 / 2^{\prime \prime}$
Dark- 2"x31⁄2"; 2" x 5"; 2"x 61/2"; 2" x 8"; 2"x 91/2"; 2" x $11^{\prime \prime}$
**Place all the pieces next to your machine in the order you will be sewing them HELPFUL TOOLS - $61 / 2^{\prime \prime}, 91 / 2^{\prime \prime}$ \&/or $121 / 2^{\prime \prime}$ square rulers for trimming \& squaring blocks
PRESSING- Press all seams toward the outside of the block; i.e. away from the center, towards the last log added for both methods


SEWING: please use a $1 / 4$ " seam allowance and a 2 mm stitch length
METHOD 1- *you must press and square block to size after each step to keep block square


TRIM SIZE

1. 2 " $\times 31 / 2 "$ - place red square on top of light strip, right sides together: stitch: press; trim (doing the first step this way allows you to easily 'see' the small square on the strip)
2. $31 / 2^{\prime \prime} \times 31 / 2$ "- place light strip under needle right side up with trimmed block wrong side up on top (red square under needle); stitch; press and trim (this orientation allows you to stitch over the seam allowances in the direction they were pressed)
3. $31 / 2 " \times 5$ "- place dark strip under needle right side up with trimmed block wrong side up with (red square under needle and the last light strip added closest to you); stitch; press; trim
4. 5" $\times 5$ "- place dark strip under needle right side up with trimmed block wrong side up( last strip added will closest to you); stitch; press; trim
5. 5 " $\times 61 / 2 "$ - place light strip under the needle right side up and continue as above steps; press; trim
6. $61 / 2$ " $\times 61 / 2^{\prime \prime}$ - add light strip
7. $61 / 2^{\prime \prime} \times 8$ " - add dark strip
8. 8" $\times 8$ "- add dark strip
9. 8 " $\times 91 / 2$ "- add light strip
$10.91 / 2^{\prime \prime} \times 91 / 2^{\prime \prime}$ - add light strip
$11.9^{1 / 2 "} \times 11$ - add dark strip
12.11" $\times$ 11"- add dark strip


## METHOD 2-

1. Place red square \#1 right side up under needle with light \# 2 right sides together;
stitch; press; check size as for trim sizes in Method 1
2. Place \#3 right side up with red square block under needle so you can see the direction of the seam allowance; stitch; press; check size
3. Place \#4 right side up under needle with block wrong side up and last strip added closest to you: stitch; press; trim; check size
4. Place \#5 right side up under the needle with block wrong side up with last strip added closest to you; Stitch; press; trim; check size

5. Place \#6 in the same orientation as above; stitch; press; trim \& check size
6. Continue adding \#7-\#13 in the same manner

Log Cabin blocks are one of the most recognized blocks by non-quilters and offer one of the greatest varieties of settings Both methods create identical blocks as long as the quilter remembers which color value to begin each block with, light or dark.

CHALLENGE- try each method to see what works best for you and create two blocks for the RAFFLE!!

Project Ideas
Table Runner- 10 blocks set $2 \times 5$
Baby Quilt- 20 blocks set $4 \times 5$
Lap Quilt- 36 blocks set $6 \times 6$


Donna Hamill
vthamill@gmail.com

## Tips $\mathcal{Z}$ Techniques

Quilting with friends always brings the opportunity for learning new things. At the February sew-in, Barbara Harrison looked at my free motion quilting practise square and shared how, when filled up, you just put another piece of fabric on top and start practising anew! And you can do the same on the other side.

Bleeding colors? I was horrified when I washed (in cold) a new quilt only to find I had red bleeding around my red blocks. Washing a second time with 3 color catchers didn't work. An internet search turned up Oxiclean. So I put it in the washer with oxiclean and threw in some color catchers as well. Then I saw that Dawn dish detergent will take care of bleeding. So I rubbed the spots with Dawn and let it soak overnight. In the morning the stains were gone! Relief! I'm not sure whether or not it was the Oxiclean or the Dawn but I imagine the former.

That led me to some research on Oxiclean. The active ingredient in Oxiclean is sodium percarbonate that releases hydrogen peroxide when mixed with water! I have used hydrogen peroxide full strength from the bottle to get rid of wine and blood stains on my cream colored carpet. Stains disappear immediately and have left no residue. Here's an interesting article. Whatever you do, test first and use at your own risk! https://www.everydaycheapskate.com/home-and-family/three-generic-cleaners-same-as-brand-names-but-way-cheaper/

Do you have any tips to share? Let me know. I'm especially looking for the best marking tool on light fabric. Janet Brunet

## Officers $\mathcal{Q}$ Committees 2017-2018

Officers
President.......................Lyn Hoffelt
Vice President............ Linda Lane
Secretary.................Adrara Harrison
Treasurer..............Arol Barneau
Programs...........Carol Bloomhardt,
Caroline Juneau
Past President............Pat Hechmer
Representatives
Green Mountain Guild............ Marty
$\quad$ DelNevo
Quilts of Valor...........Andre Emmell

## Committee Chairs

Community Quilts...........Rita Bortz,
Tammy Hall
Challenge Quilt 2017 ........Jeannette
Harrison, Connie McDonald
Challenge Quilt 2018....Sue McGuire
Dec. Program............Janet Jaffee,
Claire Graham Smith June Program Coordinator......TBD Historian.............Joanne Guillemette Info Booth........Claire Graham-Smith Librarian.................Pam Farnsworth
Membership..................Carla White
Nominating(3)................... TBD
Newsletter....................Janet Brunet

Photographer............Marty DelNevo
Publicity........Laura Clements(2017), TBD (2018)
Quilt Show 2018........Anne Standish
Quilts of Valor Raffle.............Joanne Guillemette, TBD
Rack Rentals..Adrian Garneau (key keeper), Linda Lees (coordinator)
Raffle Blocks..............Donna Hamill
Raffle Quilt Constuct. 2018...... MAQ (Mountain Art Quilters)
Raffle Quilt Manager 2018...by event
Spring/Fall Camp Retreat........Linda Lane, Lyn Hoffelt
Sunshine Sue Rivers
Teacup Auction.......................TBD
Webmaster $\qquad$ .Marty DelNevo

## Programs-at-a-Glance

March 2018 - Demo Night
April 2018 - Carla Klop - Shortcut Sheets
May 2018 - Alison Bolt, Confessions of a Type A Quilter
June 2018 - Pot Luck, Teacup Raffle

## Remember to Bring !!!

Quilt Camp registration forms
Monthly raffle blocks (March)
Items for fidget quilts
Items for raffle prizes
Name tag
Show \& Tell

