

## ***Japanese Sashiko by Hand and by Machine***

Full Day Workshop with Allison Wilbur

Wednesday, September 4, 2019

### Supply List

Welcome to the sashiko class! In this class I will be teaching you how to do sashiko by hand and by machine. We will start with the hand sashiko so you can get a feel for the look you are trying to mimic on the machine. Most domestic sewing machines handle the sashiko stitching very well. Of all the classes I have taught, only Pfaff machines have sometimes had tension problems with the 12 weight thread. A walking foot is an important element in getting a high quality stitch so please make sure you have a walking foot and know how to install and use it. You can either purchase a kit from me at the time of the workshop or bring your own supplies.

#### **The kit includes:**

sashiko needle  
6 x 8 inch rectangle of indigo colored cotton fabric  
Sashiko thread - white  
1/2 yard fusible Pellon SF 101 fusible cotton interfacing  
18 inch square of indigo colored cotton fabric  
spool of 12 weight cotton thread - blue  
spool of 12 weight cotton thread - white

#### **Other supplies not included in kit but needed for class:**

Sewing machine in good working order (remember your power cord and foot)  
Sewing Machine Manual (Very important for troubleshooting!)  
Walking Foot  
Free Motion Foot (sometimes called darning or hopping foot)  
Knee Lift (if your machine comes with one - a nice but not necessary feature)  
Flat plastic extension table (if you have one - it gives a nice work surface)  
scissors  
White chalk pencil (I recommend SewLine mechanical pencils)  
small crochet hook (No 1)  
2 colors fine line sharpie pens  
painters tape  
several empty bobbins  
Clover white iron off marker (available for purchase from teacher)  
seam ripper  
Topstitch needles