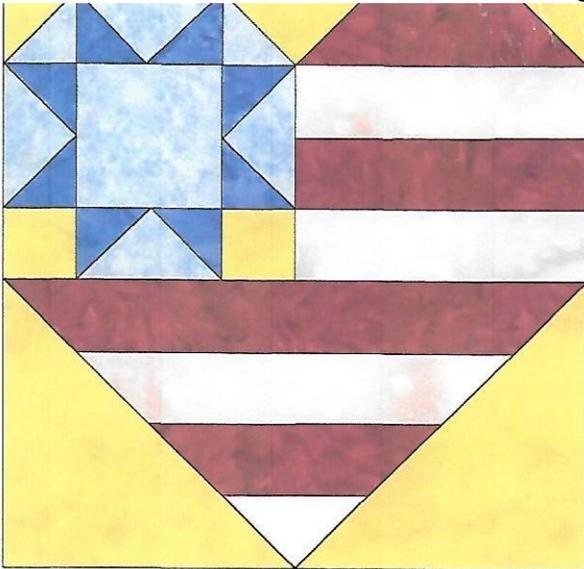


Flag Heart Directions



I found the most accurate and efficient way to make this block is by using a combination of rotary cutting and paper piecing techniques.

Copy the foundation templates as many times as the number of squares you wish to make.

The following dimensions are a little larger than actually needed to give you a little excess for paper piecing.

Directions are for 9" finished size

Light Blue:

Cut a strip of light blue 2" wide.

For the center of the star cut off a piece 2" x 2"

Dark Blue:

Cut a strip 2"

Gold:

Cut a square 5 ½" on a side then cut in half on the diagonal

Cut a strip 2" wide

Red and White strips"

Cut strips 2" wide

Foundation Assembly:

Foundation Assembly Notes: To avoid getting your foundation piecing a mirror image of what you want, after cutting out the foundation pieces, run your sewing machine along all the stitching lines. Now if you place your fabrics on the right side, and sew from the back along the perforated foundation, your finished piece will have the correct orientation.

Using the templates below assemble

Top Half:

Create Sections A and A¹ and join together

Create sections B and B¹ and join together

Create Sections C and D and join together

Join Section A A¹ to section C D

Join this section to B B¹

Bottom Half:

Start at the bottom with a strip of white

Alternately add strips of red and then white.

Add a gold triangle to each side

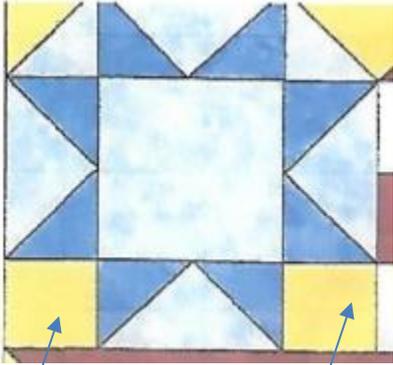
Sew the two halves together.

D. Telford 11/7/2018

Pattern created on EQ7 from picture in Better Homes and Gardens book 501 Blocks

Flag Heart Directions

Alternate Construction -Flag Heart



These 2 bottom squares could also be light blue -not gold. Also center could be another blue.

Use your favorite method to make $\frac{1}{2}$ square triangles that measure $1\frac{5}{8}$ inches.

8 light blue/dark blue --- $1\frac{5}{8}$ "

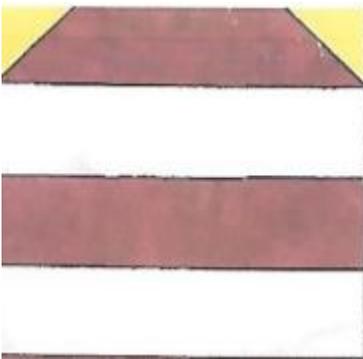
2 light blue/gold --- $1\frac{5}{8}$ square

2 red/gold half -- $1\frac{5}{8}$ " square

2 light blue squares -- $1\frac{5}{8}$ " square

1 large light blue square $2\frac{3}{4}$ " square

Sew star block together in rows. Completed star square measures 5" x 5".



Two half square red/gold triangles that measure $1\frac{5}{8}$ inches square.

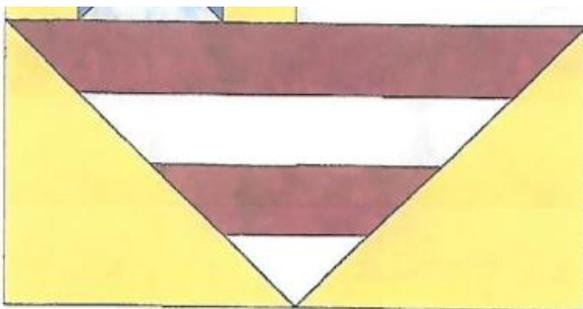
1 red rectangle $1\frac{5}{8}$ inches by $2\frac{1}{2}$ inches.

2 white rectangles $1\frac{5}{8}$ " by 5

1 red rectangle $1\frac{5}{8}$ ' by 5"

Sew top row together -using the 2 half square triangles and the smaller red rectangle. Sew other three rows together.

This section measures 5" by 5".



Four strips... $1\frac{5}{8}$ " by $9\frac{1}{2}$.

Sew together strips.

Cut 6 "square of gold into 2 triangles.

Cut stripped red/white section on the 45 degree angle (on each side) .so point ends on $4\frac{3}{4}$ inches (middle).

Sew triangles to the striped sections.

Sew all three sections together. Completed block measures $9\frac{1}{2}$ unfinished.