Champlain Valley Quilters Guild
December 2022

**Quilt Retreat in February!**
**See page 4 for details!**

**President’s Message**

I’m sure you are all busy with your winter projects (I keep adding to mine). Our December meeting will be our annual holiday party; see the separate announcement for details. I just want to remind everyone that, at this time, we are no longer having hybrid meetings but remember that our January and February meetings are 100% Zoom.

I’d like to welcome Nancy Suarez who the board approved as vice president. Thank you, Nancy, for stepping up.

Everyone have a safe and fun holiday season-see you on the 6th.

Jo Frymire, President
joannaspenfrymire@gmail.com

**Next Meeting December 6 at Holy Family Parish Hall**

Our holiday party will be at our December 6th meeting-St Nicholas Day! We are bringing back food! Many members missed the fellowship time of eating together. Everyone is asked to bring a sweet or savory finger food. We will have water and cider. Please bring your own dishes and napkins-we are being respectful of the church’s no paper products policy.

Also bring something along to swap during our Yankee Swap-$10 or less and please wrap it.

Our show and tell time will feature holiday quilts so dig them out and bring them along.

Between now and then I will come up with some surprises...I hope.

Jo Frymire
President Jo Frymire called the meeting to order at 6:58.

Joanne Lattrell introduced the speaker, Lynn Wheatley. Lynn traced her life from an engineering career to a quilter. She now teaches and designs quilts.

Announcements:
The library was open with a donation of quilt books, magazines, and patterns, free for the taking.

Community Quilts – Barb Newman announced our continued focus on pillowcases and quilts for pediatric patients is going well. So far, she has received 60 of the 100 pillowcases goal, and 30 of the 50 quilt goal. Directions for sewing pillowcases can be found on the internet; google Hot Dog pillowcase or Burrito pillowcase.

A “First Friday” Sew-In is scheduled at Yankee Pride on Nov. 4, from 10-3.

Programs – Sue McGuire urged people to sign up for the Fabric Collage workshop to be held on Nov. 5. Lynn Wheatley will teach the class at Immaculate Heart of Mary Church on Saturday, 9:00-4:00.

Sue also reminded the members that Meetings would be held on Zoom in January and February.

Membership – Catherine Symchych said that we have 101 paid members for the year, so far. Tonight we sat at tables organized by the towns where we live to meet fellow members and to encourage carpooling for members who may prefer not to drive in the dark.

Raffle quilt – Members are asked to sell at least 3 bundles of tickets, 6 for $5. Sue Rivers will collect money, and has many tickets that can be sold. For each bundle sold, a member will get one chance on the extra lap quilt.

Business Meeting
Jo Frymire announced that CVQG will be responsible for the Lobby Lights quilts at VQF which will be held in person in June. Claire Graham-Smith coordinated this in previous years when VQF was cancelled. Jo asked for an additional coordinator to volunteer.

The members present voted on the proposed changes in the By-Laws and the accessory document Duties of the Officers and Chairpersons. Sue McGuire moved that the changes be adopted; motion seconded by Anne Standish. The motion passed unanimously.

Jo announced that this meeting will be the last hybrid meeting, with the option to Zoom or attend in person. In the future, only in-person OR Zoom meetings will be held. Those who have attended online will be contacted and offered rides.

Meeting adjourned at 8:44 pm for Show and Tell.

Respectfully submitted,

Mary Neighbours, Secretary

** Editor’s note: January and February meetings are Zoon only. All other meetings will be in-person only.
Fun First Friday Sew-In

Guild members at the first “first Friday” sew-in. We had a wonderful time in November. You will have another opportunity to join us on **Friday, December 2, any time between 10 am-3pm at Yankee Pride**. Drop in for our fabulous First Friday Sew In. Get to know some new friends and spend time with old ones. Bring your lunch or take advantage of the many restaurant take-out options in the neighborhood.

We will be in the downstairs classroom. One of the staff will be happy to help you transport your sewing machine down the stairs (and back up!). Community Quilts will have plenty of kits to work on, fabric to use and instructions on how to make a pillowcase or flange binding. If you don’t wish to bring your machine, there will also be hand sewing and cutting projects to choose from.

Look forward to seeing you then!

Community Quilts for Pediatrics and December News

40 pillowcases and 22 quilts have been delivered to Children’s Hospital at UVM Medical Center. Thank you to all who participated. We will be taking another group of quilts and pillowcases into the hospital in early December. Please drop off completed projects at the sew-in and at the guild meeting.

There will be more kits and fabric available for you to pick up at the December 6 guild meeting and December 2 sew-in. This will be our last in-person meeting until March, so pick up supplies for your winter sewing.

Fabric and instructions for the pillowcases will be available at the December guild meeting and at the sew-in. Here’s a Hot dog pillowcase YouTube video. https://youtu.be/iSqijkYbEy8. We recommend that you make two at a time from two complimentary one-yard pieces of fabric so you can switch the cuffs. Flanges are optional. We have a collection of binding fabric available for you to use.

If you have a top ready to quilt, please contact Barbara. She will bring a pre-cut batting to you at our meeting.

Learn to Longarm your Quilt!

Does this look like fun? Learn how to use a longarm machine with individual attention. Your lesson takes you through the entire process from set up to quilting design choice to guidance as you sew. I can provide a baby quilt if you don’t have one you’re willing to learn on. After your initial lesson you can rent time on the machine and refresh your skills on a Community Quilt before you quilt your own.

Catherine Symchych
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**WILL YOU HELP WITH FIDGET QUILTS?**

What is a fidget quilt? A fidget quilt is a lap quilt that helps provide stimulation for the fidgeting hands of Alzheimer’s, dementia, and autistic people. It soothes the fidgeting by entertaining them, keeping hands and fingers busy, stimulates their senses, and gives them something to do. It can be calming.

Our guild has been making Fidget Quilts for the community. Rita Bortz has been handing out Fidget Quilts for several years, but she would like someone to take over this part of the Community Quilts distribution. She has a large supply of Fidget Quilts made by Jane Masenas during the Pandemic. She also has a list of the organizations to which we have donated, along with their addresses and phone numbers. If you are willing to be part of our Community Quilts Team by heading up the distribution of Fidget quilts, please contact Rita or Barbara Newman.

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**CVQG QUILTING RETREAT - JOIN THE FUN!**

We will be hosting a quilting retreat at the Eco Lodge at Common Ground Retreat Center in Starksboro, Vermont. The retreat will start at 9 a.m. on Thursday, February 9, and will end at 3 p.m. on Sunday, February 12. Details can be found on our website from the Home page. If you are interested in attending, please submit a registration form and registration deposit. You can submit the registration and payment online. You can also submit the registration online and pay the registration by check. Checks can be mailed to Marti DelNevo, 172 Village Grove, Williston, VT 05495 or given to her at the December meeting.

https://www.cvqgvt.org/2023-february-retreat.html

Linda Lane, Jo Frymire and Lyn Hofelt at the Jay Peak Retreat last fall
Get your books of raffle tickets from Sue Rivers at the meeting. Tickets can also be purchased online, see our website.

2023 Raffle Quilt “Moonlight in Vermont”

For every book of 6 tickets you sell (or buy for yourself) enter your name into the special drawing for this lap quilt! The winner will be drawn at the June meeting!

“Diamonds in the Sky” 2023 guild member special raffle prize!
2023—Zoom meetings—sign on at 6:30; meetings start at 7 p.m.

January 3 - Melinda Bula “The Power & Secret of Color”

February 7 - TBA

March

Back to in-person at Holy Family Parish Hall

March 7 - Mini Workshops! 6:30 p.m. gathering; meeting starts at 7 p.m.